

# Expression of Interest – Spiritual Health Lived Experience Advisory Committee (SHLEAC) Member

### **Background**

We are a small Committee of four people known as SHLEAC, established in June 2021 who support the mission, work, and values of Spiritual Health Association. The Committee works closely with the Mental Health Leader. For further information on organisational values, working definitions of spirituality and Strategic Plan, please go to <a href="https://www.spiritualhealth.org.au/about">https://www.spiritualhealth.org.au/about</a>

The Committee meets bi-monthly for 3 hours on a Monday morning between 10.00am -1.00pm. You may be asked to occasionally work outside these times for the purposes of special meetings and or presentations. We currently have one vacancy on the Advisory Committee and seek a person who is passionate about the integration of spirituality as a domain of holistic person-centred mental health care and the recognition of spiritual care as a modality on the multi-disciplinary care team.

#### **Personal Qualities & Key Selection Criteria**

- 1. Lived experience of spirituality and its impact/support of your wellbeing and recovery.
- 2. Capacity and willingness to share one's story from a personal consumer or carer lived experience perspective.
- 3. Demonstrated ability to work from a consumer/carer consultant perspective in lived experience workforce.
- 4. Value diversity that is inclusive and affirming of Interfaith, CALD, First Nations, Young people, and LGBTIQ+ lens.
- 5. Experience of Victorian Government Reform process in lived experience workforce that may include peer work, consultation, governance, or policy roles.

## In addition to addressing the above, please provide written responses to the following questions

- 1. How do you envision you can contribute to SHLEAC?
- 2. Embodied spirituality, how do you live this in your day-to-day life and work?

#### Remuneration

In accordance with The Premier and Cabinet recommendations 2022 and endorsed by VMIAC.

# **Further information**

- About SHLEAC at <a href="https://www.spiritualhealth.org.au/mental-health-list/spiritual-health-lived-experience-advisory-committee">https://www.spiritualhealth.org.au/mental-health-list/spiritual-health-lived-experience-advisory-committee</a>
- About Spiritual Health Association at <a href="https://www.spiritualhealth.org.au/">https://www.spiritualhealth.org.au/</a>
- About mental health and spirituality at <a href="https://www.spiritualhealth.org.au/mental-health">https://www.spiritualhealth.org.au/mental-health</a>

Any enquiries can be directed to Cheryl Holmes, CEO at <a href="mailto:ceo@spiritualhealth.org.au">ceo@spiritualhealth.org.au</a> or by phoning 8610 6327 from Monday 9 January 2023

Applications accepted until close of business Friday 3 February and can be emailed to <a href="mailto:mentalhealth@spiritualhealth.org.au">mentalhealth@spiritualhealth.org.au</a>
Please state 'SHLEAC – EOI' in subject line.